WHAT IS CLAIMED:

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A telecommunications node, comprising:

a jitter buffer;

means for receiving one or more information packets, said receiving mean's including means for storing said one or more information packets in said jitter buffer; and

means for adjusting a length of said one or more information packets based on a size of said jitter buffer.

- 2. A telecommunications node according to Claim 1, said adjusting means including means for adjusting said length to a predetermined fraction of said size of said jitter buffer.
- 3. A telecommunications node according to Claim 2, including means for monitoring a size of said jitter buffer during a communication.
- A telecommunications node according to Claim 3, said adjusting 4. means including means responsive to said monitoring means for adjusting said length to a new size of said jitter buffer during said communication.

telecommunications method, comprising: réceiving one or more information packets, said receiving including storing said one or more information packets in said jitter buffer; and adjusting a length of said one or more information packets based on a

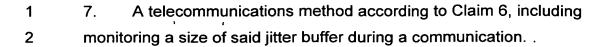
size of said jitter buffer.

6. A telecommunications method according to Claim 5, said adjusting including adjusting said length to a predetermined fraction of said size of said jitter buffer.

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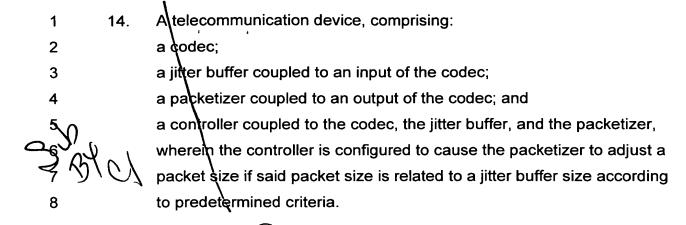


- 8. A telecommunications method according to Claim 7, said adjusting including adjusting said length to a new size of said jitter buffer during said communication.
 - 9. A telecommunications system, comprising:
 - -a packet network;

a plurality of endpoints coupled to said packet network, each of said plurality including a jitter buffer;

wherein each of said plurality of endpoints includes a jitter buffer controller configured to adjust a packet size for communication over said packet network.

- 1 10. A telecommunications system according to Claim 9, wherein said jitter
 2 buffer controller is configured to compare a proposed packet size with a
 3 threshold value, said threshold value representative of a fraction of said jitter
 4 buffer size.
- A telecommunications system according to claim 10, wherein said jitter
 buffer controller compares said proposed packet size responsive to an H.323
 terminal capability exchange.
- 1 12. A telecommunication system according to Claim 11, wherein said jitter
 2 buffer controller is configured to monitor a size of a jitter buffer during a
 3 communication and adjust a packet to a new size during a communication.
- 1 13. A telecommunication system according to Claim 9, wherein said
 2 endpoints comprise client terminals.



15. A telecommunication device according to Claim 14, wherein the predetermined criteria is a threshold fraction of the jitter buffer size.

